

V E G A N

100

OVER 100 INCREDIBLE

RECIPES FROM

AVANT-GARDE VEGAN

GAZ OAKLEY

* Vegan 100: Over 100 Incredible Recipes from Avant-Garde Vegan *



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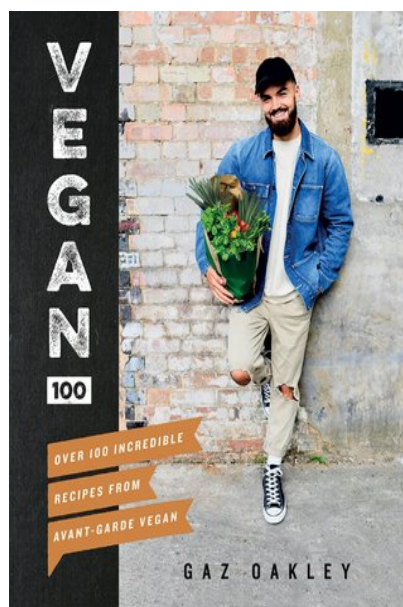
Books Descriptions

Tempted to try your hand at vegan food but don't know where to start? Or even just to make meat-free Monday a regular thing? Long gone are the days of vegan food being dull and worthy: Vegan 100 is bold, vibrant and gorgeous. The emphasis in Gaz's 100 tempting vegan recipes is first and foremost on FLAVOR. From Deep Purple Soup to Sage and Smoked Chilli "Dog", through vegan "Fish and Chips" to Chocolate Tart and Raw Cacao "Cheesecake", it's all incredible-tasting food that just happens to be vegan. Delectable, beautiful and packed with dishes that are good for

you, this is like no other vegan cookbook.



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